



## 2009

Foreløbige resultater  
Finder du fejl, så mail til poul@fjordloberne.dk

284 gennemførte.

[Se billeder](#)

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### 2 km børneløb 4-10 år kvinder

1	85	Irina Andersen	00:09.10
2	69	Amanda Thomas	00:10.22
3	59	Anika Gadegaard	00:10.26
4	62	Mira Mass	00:11.10
5	65	Louise Joy Frahm	00:11.38
6	44	Helene Larsen	00:12.19
7	45	Naja Larsen	00:12.22
8	71	Ida-Marie Rensborg	00:12.25
9	66	Cæcile Nørskov	00:12.28
10	22	Line Holm Hels	00:12.42
11	77	Julie Olsen	00:12.49
12	5	Laura Fich	00:13.05
13	54	Gabriella Pearce	00:13.16
14	39	Cecilie Lentge Ballisager	00:13.20
15	20	Sactazar Dydensborg	00:13.52
16	28	Laura Andersen	00:13.57
17	83	Selma Hausgaard Vinther	00:13.59
18	84	Sofie Hausgaard Vinther	00:13.59
19	86	Silvia Andersen	00:14.01
20	46	Sigen Aabo	00:14.04
21	58	Mathilde Gadegaard	00:14.11
22	75	Sarah Mønster	00:14.58
23	27	Celine Berg Frederiksen	00:15.30
24	6	Iben Willum Dannerbo	00:15.43
25	12	Silja Walther Barnkob	00:15.54
26	30	Anne Keller Poulsen	00:15.57
27	53	Eva Marie Parsholt	00:16.03
28	17	Anna B. Ibsen	00:16.43
29	51	Johanne Schmidt	00:16.53
30	24	Maria Holm Hansen	00:16.54
31	56	Mathilde Kidmose	00:16.54
32	23	Julie Holm Hansen	00:17.07
33	21	Sara Holm Hels	00:17.13
34	81	Isabella Kristiansen	00:17.53
35	35	Ida Brandt	00:18.09
36	18	Mille Secher Zarp	00:18.28
37	19	Luka Secher Christensen	00:19.10

38	78	Sara Olsen	00:22.23
39	8	Petrine Hjorth	00:22.31
40	55	Amalie Kidmose	00:22.48
41	87	Tanja Cederholm	00:28.25
42	314	Pia Wehnert	00:31.58

### 2 km børneløb 4-10 år mænd

1	11	Gustav Sillehoved	00:08.40
2	2	Toke Olsen	00:09.03
3	43	Rasmus Bruun Jensen	00:09.06
4	48	Tobias Holm	00:09.11
5	70	Emil Rensborg	00:09.56
6	73	Anthon Asmind Andersen	00:10.18
7	63	David Colsted	00:10.31
8	68	Noah Thomas	00:10.34
9	50	Carl Schmidt	00:10.38
10	4	Carl Fich	00:11.35
11	20	Sactazar Dydensborg	00:11.52
12	74	Laurits Asmind Andersen	00:11.53
13	42	Lau Dannemand	00:11.55
14	64	Laurits Lund Tvilling Vinther	00:11.58
15	36	Magnus Sunke	00:11.59
16	25	Matthias Gøtterup	00:12.03
17	14	Frederik Figge Andersen	00:12.31
18	41	Tim Dannemand	00:12.33
19	29	Jonathan Keller Poulsen	00:13.00
20	31	Frederik Christensen	00:13.02
21	49	Christian Holm	00:13.12
22	89	Mads Lind	00:13.14
23	40	Emil Lentge Ballisager	00:13.19
24	16	Lasse B. Ibsen	00:13.20
25	37	Anton Sunke	00:13.32
26	67	Oliver Thomas	00:13.41
27	3	Victor Fich	00:13.43
28	52	Milius Parsholt	00:13.47
29	10	Emil Hjorth	00:13.49
30	9	Peter Hjorth	00:13.53
31	82	Oliver Trzpace	00:13.58
32	76	Nikolaj Mønster	00:14.57
33	79	Malthe Olsen	00:15.37
34	61	Jacob Jensen	00:16.02
35	72	Bjarke Gåsdal	00:16.12
36	15	Andreas Clasen	00:16.42
37	13	Casper Budzisz Figge Andersen	00:19.06
38	57	Carl Frederik Kidmose	00:28.10
39	38	Nikolaj Riis	00:29.10

### 5 km løb 11-14 år kvinder

1	269	Emilie Bruun Jensen	00:23.31
2	325	Annika Olsen	00:24.25

3	220	Ida Langenskov	00:28.16
4	311	Camilla Kolby	00:28.28
5	211	Anna Freek Uhrskov	00:29.45
6	272	Louise Aabo	00:30.20
7	319	Helene Espersen	00:31.12
8	275	Alberte Gaardsø	00:36.47
9	210	Helene Freek Uhrskov	00:38.58
10	301	Julie Gotfredsen	00:40.19

**5 km løb 11-14 år mænd**

1	303	August Pipper Riibæk	00:19.58
2	326	Marcus Olsen	00:23.26
3	274	Benjamin Trasborg	00:24.00
4	221	Emil Kruse Svendsen	00:24.20
5	205	Simon Høier	00:26.02
6	318	Mikkel Jensen	00:26.38
7	246	Frederik Berg Frederiksen	00:26.55
8	321	Tobias Lindenfalk	00:27.25
9	300	Jeppe Jensen	00:30.31
10	299	Mikkel Jensen	00:33.32

**5 km løb 15-44 år kvinder**

1	330	Ingelise Pedersen	00:23.12
2	212	Charlotte Miolane	00:24.16
3	252	Susan Keller Poulsen	00:25.25
4	257	Jane Brandt	00:25.42
5	224	Maneka Qvarfort Nielsen	00:26.33
6	262	Karina Sunke	00:26.51
7	309	Lotte Kolby	00:27.11
8	279	Gitte Jacobsen	00:27.15
9	204	Alis Høier	00:28.00
10	237	Jannie Gruhler	00:28.02
11	215	Jette Bovbjerg	00:28.55
12	233	Christina Borch	00:29.40
13	288	Lisbeth Mortensen	00:29.42
14	250	Christina Andersen	00:30.22
15	271	Gitte Aabo	00:30.28
16	217	Line Langenskov	00:30.29
17	298	Anne Gotfredsen	00:30.33
18	287	Charlotte Kristoffersen	00:30.43
19	226	Maibritt Budzisz	00:30.46
20	291	Tina Dreyer	00:31.15
21	231	Ulla Mortensen	00:31.19
22	227	Jeanette Svensson	00:31.38
23	203	Jane Madsen	00:31.47
24	245	Eva Holm Hansen	00:31.51
25	254	Camilla Schmidt	00:31.56
26	243	Lisbeth Nielsen	00:32.29
27	259	Jette Christensen	00:32.34
28	305	Winnie Andersen	00:33.25

29	296	Mette Jensen	00:33.31
30	228	Hanne Lund	00:34.18
31	293	Iben Jensen	00:34.41
32	242	Amalie Nielsen	00:34.43
33	282	Berit Knudsen	00:35.10
34	281	Therese Knudsen	00:35.17
35	260	Susanne Heneriksen	00:36.09
36	232	Gitte Gaardsøe	00:36.45
37	331	Pia Trcepacz	00:37.14
38	207	Charlotte Wessel	00:39.10
39	209	Ulla Freek Uhrskov	00:39.17

#### 5 km løb 15-44 år mænd

1	323	Jens Grønbek	00:16.24
2	315	Kasper Hartlev	00:17.27
3	307	Thomas Gotsæd	00:18.09
4	201	Ole Kilpinen	00:18.55
5	333	Frank Avaldorff Jensen	00:19.29
6	316	Kristian Hartlev	00:20.01
7	202	Laurits Kilpinen	00:20.10
8	304	Carsten Simonesen	00:20.22
9	306	Kenn Mouritzen	00:20.40
10	234	Henrik Guldberg	00:22.03
11	289	Nicolaj Grønbek	00:22.19
12	308	Michael Poulsen	00:22.56
13	213	Christophe Miolane	00:23.25
14	278	Henrik Trاسبog	00:24.13
15	273	Morten Jensen	00:24.33
16	258	Robert Neidel	00:24.45
17	294	Toke Larsson	00:24.49
18	251	Lennart Christoffersen	00:25.17
19	219	Peter Langenskov	00:26.21
20	214	Henrik Ringe	00:27.27
21	244	Gert Gregersen	00:27.48
22	218	Michael Langenskov	00:28.14
23	263	Søren Ballisager	00:28.26
24	236	Morten Jensen	00:29.37
25	238	Henrik Albrechtsen	00:34.20
26	297	Brian Jensen	00:40.20

#### D. 5 km løb 45-99 år kvinder

1	320	Lene Hedegård	00:23.22
2	329	Anny Høj Larsen	00:26.05
3	216	Susanne Lundh	00:26.42
4	277	Helle Christiansen	00:29.01
5	222	Karen Pedersen	00:29.46
6	230	Vibeke Petersen	00:29.48
7	241	Bennie Nielsen	00:30.11
8	280	Britta Presmann	00:30.18
9	253	Kaja Madsen	00:32.27

10	313	Elvi Thrane	00:33.10
11	265	Jill Druekaer	00:33.28
12	240	Birgitte Hjaltelin	00:33.56
13	261	Kaja Gaunitz	00:33.57
14	223	Karen Kaae	00:34.33
15	247	Birthe M. Kristensen	00:35.23
16	266	Tina Nielsen	00:36.11
17	322	Elsebeth Sam	00:37.12

**5 km løb 45-99 år mænd**

1	327	Kjeld Olsen	00:17.22
2	290	Jesper Grønbek	00:18.28
3	270	Jens Aabo	00:21.31
4	328	Ole Tidemann	00:21.48
5	235	John B. Ibsen	00:21.50
6	332	Johnni Karlsson	00:22.36
7	312	Flemming Bruun	00:23.15
8	206	Claus Højer	00:23.24
9	302	Leif Pipper	00:23.50
10	310	John Kolby	00:24.41
11	324	Bjørn Berthelsen	00:27.07
12	295	Helge Lykkebau	00:30.17
13	267	Michael Stabel	00:32.46
14	229	Johan Gaunitz	00:35.43
15	248	Carsten M. Kristensen	00:36.38
16	208	Søren Hardrup	00:39.13
17	317	Orla Hegelund	00:45.03

**13,3 km løb 15-44 år kvinder**

1	413	Melina N Olsen	00:57.52
2	491	Anna MAdsen	01:02.58
3	447	Anna Jørgensen	01:05.14
4	405	Anne-Marie Widding	01:06.43
5	482	Michele Brande	01:10.08
6	445	Karina Thomas	01:14.12
7	416	Julie Grønbek	01:16.37
8	475	Benthe Ibsen	01:18.04
9	489	Maja Riedel Pedersen	01:18.45
10	456	Trine Holm	01:21.17
11	455	Cissy Hermanns	01:24.33
12	458	Henriette Kidmose	01:24.41
13	439	Ulla Nygaard Pedersen	01:25.28
14	440	Anne-Grethe Riis	01:35.24
15	408	Hannah Lie	01:37.11
16	433	Kirsten Holm Hels	01:39.38
0	292	Louise Gunvald	Udgået

**13,3 km løb 15-44 år mænd**

1	464	Tonny Pedersen	00:48.45

2	417	Carsten Sillehoved	00:49.46
3	449	Tonny Larsen	00:51.35
4	484	Morten Lindenfalk	00:51.57
5	473	Claes Bølge	00:52.07
6	414	Poul Thomsen	00:53.09
7	443	Michael Bøeck	00:53.27
8	425	Jan Skaaning	00:54.59
9	480	Mads Jespersen	00:55.49
10	448	Claus Bruun Jensen	00:56.37
11	406	Dan Jensen	00:57.42
12	485	Thomas Levin Nielsen	00:58.00
13	487	Thomas Lorentzen	00:59.34
14	446	Jesper Thomas	01:00.44
15	474	Brian Ekman-Gregersen	01:01.30
16	477	Brian Olsen	01:01.55
17	490	Jan Kristiansen	01:02.06
18	437	Allan B Andersen	01:03.12
19	452	Maik Brasholt	01:04.05
20	434	Jacob Meldgaard	01:05.29
21	418	Henrik Petersen	01:05.36
22	493	Ukendt navn	01:08.27
23	444	Torben Svensson	01:09.48
24	460	Michael Zeckler	01:10.38
25	429	Morten Schmidt Larsen	01:10.41
26	467	Jens Lund Tvilling Vinther	01:10.46
27	478	Brian Berntsen	01:10.50
28	470	Michael Thomsen	01:11.05
29	403	Dan B. Clausen	01:11.45
30	422	Morten Figge Andersen	01:14.44
31	430	Dennis Marker	01:19.49
32	483	Karsten Brandi	01:21.20
33	494	Carsten Cederhom	01:23.34

### 13,3 km løb 45-99 år kvinder

1	432	Nina Weiss Madsen	00:53.37
2	427	Anne Grethe Hansen	01:02.00
3	461	Tine Colsted	01:14.57
4	463	Dorthe Viuff	01:14.59
5	450	Gitte Skov	01:21.44
6	436	Maja Lorenz	01:23.58
7	481	Ulla Hegelund	01:28.17
8	471	Lene Poulsen	01:29.31
9	415	Anni Andersen	01:30.17
10	442	Solvejg Rasmussen	01:31.21
11	421	Majbrit Graves Christensen	01:41.38
12	424	Anne Jørgensen	01:53.33

### 13,3 km løb 45-99 år mænd

1	488	Eli Henriksen	00:56.19

3	445	Henning Sylvest	00:58.14
4	486	Zouhair Krifa	01:02.35
5	411	Jens Aare	01:02.39
6	431	Thomas Olsen	01:05.10
7	423	Hans Jøgen Jørgensen	01:05.43
8	420	Niels Harboe Jensen	01:06.20
9	492	Henning Nielsen	01:06.37
10	438	Henrik Larsen	01:07.12
11	426	Ole Karlsbak	01:08.11
12	404	Lars Ulrik Uhrskov	01:08.51
13	428	Hans-Henrik Michelsen	01:10.10
14	462	Peter Colsted	01:10.25
15	451	Bo Pode Poulsen	01:10.44
16	479	Finn Thrane	01:11.37
17	410	Bruno Kaae	01:11.49
18	468	Mogens Grymer	01:16.45
19	409	Palle Lund	01:17.17
20	469	Bo Lynge Olsen	01:17.25
21	476	Lars Pedersen	01:18.02
22	472	Magnus Nielsen	01:19.10
23	466	Ib Eldrup	01:26.33

#### Powerwalk og stavgang 5 km kvinder

1	283	Tina Johnsen	00:56.03
2	276	Nicoline Gaardsø	00:56.04
3	284	Anette Johnsen	00:56.06